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Cognitive Learning

49 Post-release students earned certificates

49 Pre-release students earned certificates

Course Description

Introduces foundational cognitive principles that help students understand how their thoughts influence emotions, decisions, and behavior.

Criminogenic Needs Addressed: Criminal Thinking, Cognitive Restructuring, Decision-Making, Responsivity.

Criminogenic Needs are the specific problems, behaviors, or life patterns that increase a person's likelihood of reoffending. These are the "drivers" of criminal behavior identified in the Risk-Need-Responsivity (RNR) model.

Criminal Thinking refers to patterns of thought, beliefs, attitudes, and rationalizations that support or justify harmful, illegal, irresponsible, or antisocial behavior.

Cognitive Restructuring is the process of identifying and changing unhealthy, irrational, or self-defeating thought patterns that lead to harmful emotions and behaviors.

Responsivity refers to how education or treatment is delivered so the person can best understand, engage, and change.