



Educating Men for a Hope-filled Future

Cognitive Learning Sustain the Change

Minds in Training (MIT)



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Cognitive Learning: Sustain the Change

5 Building Blocks of Life: Discovering Purpose, Shaping Values, Developing Attitudes, Creating Goals, and Celebrating Accomplishments.

Deconstruct the toxic thoughts and words which have shaped unhealthy purposes, values, and attitudes. Reconstruct healthy thoughts and thought patterns which enable to men shape their God-given purpose, values, and attitudes.

Jeremiah 29:11-13 (NIV)

For I know the plans I have for you, declares the Lord, plans to prosper you and not to harm you, plans to give you hope and a future. Then you will call on me and come and pray to me, and I will listen to you. You will seek me and find me when you seek me with all your heart.

Proverbs 23:7a (AMPC)

For as he thinks in his heart, so is he

We wait in hope for the LORD; He is our Help and our Shield! Psalm 33:20