

Course Description

New course was added in late fall of 2025. Approved by SC Probation, Parole and Pardon Services science-based program for overcoming addiction that focuses on helping individuals build and maintain motivation, cope with urges, manage thoughts, feelings, and behaviors, and live a balanced life. This course is led by Michael Arnold, certified facilitator.

Criminogenic Needs Addressed: Substance Abuse, Criminal Thinking, Impulsivity/Self-Control, Problem Solving, Decision-Making, Emotional/Personal Stability, Responsivity.

Substance Abuse

The misuse or dependency on drugs, alcohol, or other addictive behaviors that negatively impact judgment, decision-making, relationships, employment, health, and overall stability.

Criminal Thinking

Patterns of thinking that justify, rationalize, minimize, or support criminal or destructive behavior, including blaming others, denial, manipulation, entitlement, or avoidance of responsibility.

Impulsivity / Self-Control

Difficulty controlling emotions, urges, reactions, or behaviors, often resulting in acting without thinking, poor judgment, risky behavior, or difficulty resisting temptation.

Problem Solving

The ability to identify challenges, evaluate possible solutions, and make constructive decisions that resolve issues in healthy and responsible ways.

Decision-Making

The process of considering options, understanding consequences, and making responsible choices that support recovery, stability, and positive life outcomes.

Emotional / Personal Stability

The ability to manage emotions, stress, trauma, relationships, and daily responsibilities in ways that support healthy functioning, recovery, and long-term stability.

Responsivity

An individual's willingness and ability to engage in treatment, instruction, counseling, recovery support, and behavioral change interventions in a productive and meaningful way.