



Educating Men for a Hope-filled Future

## Healing of Memories

### Minds in Training (MIT)



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## Healing of Memories

Time alone cannot heal the memories of painful experiences. This class focuses the healing power of the Holy Spirit on the root of the problem and breaks the bondage of traumatic memories.

### **Psalm 32:1 (ERV)**

It is a great blessing when people are forgiven for the wrongs they have done, when their sins are erased.

### **Malachi 4:2 (ERV)**

But, for my followers, goodness will shine on you like the rising sun. And it will bring healing power like the sun's rays. You will be free and happy, like calves freed from their stalls

**We wait in hope for the LORD; He is our Help and our Shield! Psalm 33:20**